

Substitute Bill No. 5210

February Session, 2018



AN ACT MANDATING INSURANCE COVERAGE OF ESSENTIAL HEALTH BENEFITS AND EXPANDING MANDATED HEALTH BENEFITS FOR WOMEN, CHILDREN AND ADOLESCENTS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1 Section 1. (NEW) (Effective January 1, 2019) (a) For the purposes of
- 2 this section, "essential health benefits" means health care services and
- 3 benefits that fall within the following categories:
- 4 (1) Ambulatory patient services;
- 5 (2) Emergency services;
- 6 (3) Hospitalization;
- 7 (4) Maternity and newborn health care;
- 8 (5) Mental health and substance use disorder services, including,
- 9 but not limited to, behavioral health treatment;
- 10 (6) Prescription drugs;
- 11 (7) Rehabilitative and habilitative services and devices;
- 12 (8) Laboratory services;
- 13 (9) Preventive and wellness services and chronic disease

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- 15 (10) Pediatric services, including, but not limited to, oral and vision care.
- 17 (b) Each individual health insurance policy providing coverage of 18 the type specified in subdivisions (1), (2), (4), (11) and (12) of section 19 38a-469 of the general statutes delivered, issued for delivery, amended, 20 renewed or continued in this state on or after January 1, 2019, shall 21 provide coverage for essential health benefits.
 - (c) If a policy described in subsection (b) of this section is required to provide coverage for any health care service or benefit pursuant to chapter 700c of the general statutes, and the scope of such health care service or benefit conflicts with the scope of an essential health benefit that such policy is required to cover pursuant to subsection (b) of this section, such policy shall provide coverage for the health care service or benefit that, in the opinion of the Insurance Commissioner, provides greater coverage to the insured.
 - (d) No provision of the general statutes concerning a requirement of the Patient Protection and Affordable Care Act, P.L. 111-148, as amended from time to time, shall be construed to supersede any provision of this section that provides greater protection to an insured, except to the extent this section prevents the application of a requirement of the Affordable Care Act.
- 36 (e) The Insurance Commissioner may adopt regulations, in 37 accordance with chapter 54 of the general statutes, to carry out the 38 purposes of this section, including, but not limited to, regulations 39 specifying the health care services and benefits that fall within each 40 category set forth in subsection (a) of this section.
- Sec. 2. (NEW) (*Effective January 1, 2019*) (a) For the purposes of this section, "essential health benefits" means health care services and benefits that fall within the following categories:

- 44 (1) Ambulatory patient services;
- 45 (2) Emergency services;
- 46 (3) Hospitalization;
- 47 (4) Maternity and newborn health care;
- 48 (5) Mental health and substance use disorder services, including, 49 but not limited to, behavioral health treatment;
- 50 (6) Prescription drugs;
- 51 (7) Rehabilitative and habilitative services and devices;
- 52 (8) Laboratory services;
- 53 (9) Preventive and wellness services and chronic disease 54 management; and
- 55 (10) Pediatric services, including, but not limited to, oral and vision 56 care.
- 57 (b) Each group health insurance policy providing coverage of the 58 type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-59 469 of the general statutes delivered, issued for delivery, amended, 60 renewed or continued in this state on or after January 1, 2019, shall 61 provide coverage for essential health benefits.
 - (c) If a policy described in subsection (b) of this section is required to provide coverage for any health care service or benefit pursuant to chapter 700c of the general statutes, and the scope of such health care service or benefit conflicts with the scope of an essential health benefit that such policy is required to cover pursuant to subsection (b) of this section, such policy shall provide coverage for the health care service or benefit that, in the opinion of the Insurance Commissioner, provides greater coverage to the insured.

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- (d) No provision of the general statutes concerning a requirement of the Patient Protection and Affordable Care Act, P.L. 111-148, as amended from time to time, shall be construed to supersede any provision of this section that provides greater protection to an insured, except to the extent this section prevents the application of a requirement of the Affordable Care Act.
- (e) The Insurance Commissioner may adopt regulations, in accordance with chapter 54 of the general statutes, to carry out the purposes of this section, including, but not limited to, regulations specifying the health care services and benefits that fall within each category set forth in subsection (a) of this section.
- Sec. 3. (NEW) (*Effective January 1, 2019*) (a) Each individual health insurance policy providing coverage of the type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of the general statutes delivered, issued for delivery, renewed, amended or continued in this state shall provide coverage for:
- 86 (1) Domestic and interpersonal violence screening and counseling 87 for any woman;
- 88 (2) Tobacco use intervention and cessation counseling for any woman who consumes tobacco;
- 90 (3) Well-woman visits for any woman who is younger than sixty-91 five years of age;
- (4) Breast cancer chemoprevention counseling for any woman who is at increased risk for breast cancer due to family history or prior personal history of breast cancer, positive genetic testing or other indications as determined by such woman's physician or advanced practice registered nurse;
- 97 (5) Breast cancer risk assessment, genetic testing and counseling;
- 98 (6) Chlamydia infection screening for any sexually-active woman;

99 100	(7) Cervical and vaginal cancer screening for any sexually-active woman;
101	(8) Gonorrhea screening for any sexually-active woman;
102 103	(9) Human immunodeficiency virus screening for any sexually-active woman;
104 105	(10) Human papillomavirus screening for any woman with normal cytology results who is thirty years of age or older;
106 107	(11) Sexually transmitted infections counseling for any sexually-active woman;
108 109	(12) Anemia screening for any pregnant woman and any woman who is likely to become pregnant;
110 111	(13) Folic acid supplements for any pregnant woman and any woman who is likely to become pregnant;
112	(14) Hepatitis B screening for any pregnant woman;
113114115	(15) Rhesus incompatibility screening for any pregnant woman and follow-up rhesus incompatibility testing for any pregnant woman who is at increased risk for rhesus incompatibility;
116 117	(16) Syphilis screening for any pregnant woman and any woman who is at increased risk for syphilis;
118 119	(17) Urinary tract and other infection screening for any pregnant woman;
120 121	(18) Breastfeeding support and counseling for any pregnant or breastfeeding woman;
122 123	(19) Breastfeeding supplies, including, but not limited to, a breast pump for any breastfeeding woman;
124	(20) Gestational diabetes screening for any woman who is twenty-

- four to twenty-eight weeks pregnant and any woman who is at
- increased risk for gestational diabetes; and
- 127 (21) Osteoporosis screening for any woman who is sixty years of age 128 or older.
- (b) No such policy shall impose a coinsurance, copayment,
- deductible or other out-of-pocket expense for the benefits and services
- 131 required under subsection (a) of this section. The provisions of this
- subsection shall not apply to a high deductible plan as that term is
- used in subsection (f) of section 38a-493 of the general statutes.
- 134 Sec. 4. (NEW) (Effective January 1, 2019) (a) Each group health
- 135 insurance policy providing coverage of the type specified in
- 136 subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of the general
- 137 statutes delivered, issued for delivery, renewed, amended or
- 138 continued in this state shall provide coverage for:
- 139 (1) Domestic and interpersonal violence screening and counseling 140 for any woman;
- 141 (2) Tobacco use intervention and cessation counseling for any
- 142 woman who consumes tobacco;
- 143 (3) Well-woman visits for any woman who is younger than sixty-
- 144 five years of age;
- 145 (4) Breast cancer chemoprevention counseling for any woman who
- is at increased risk for breast cancer due to family history or prior
- 147 personal history of breast cancer, positive genetic testing or other
- indications as determined by such woman's physician or advanced
- 149 practice registered nurse;
- 150 (5) Breast cancer risk assessment, genetic testing and counseling;
- 151 (6) Chlamydia infection screening for any sexually-active woman;
- 152 (7) Cervical and vaginal cancer screening for any sexually-active

153	woman;
154	(8) Gonorrhea screening for any sexually-active woman;
155 156	(9) Human immunodeficiency virus screening for any sexually-active woman;
157 158	(10) Human papillomavirus screening for any woman with normal cytology results who is thirty years of age or older;
159 160	(11) Sexually transmitted infections counseling for any sexually-active woman;
161 162	(12) Anemia screening for any pregnant woman and any woman who is likely to become pregnant;
163 164	(13) Folic acid supplements for any pregnant woman and any woman who is likely to become pregnant;
165	(14) Hepatitis B screening for any pregnant woman;
166 167 168	(15) Rhesus incompatibility screening for any pregnant woman and follow-up rhesus incompatibility testing for any pregnant woman who is at increased risk for rhesus incompatibility;
169 170	(16) Syphilis screening for any pregnant woman and any woman who is at increased risk for syphilis;
171 172	(17) Urinary tract and other infection screening for any pregnant woman;
173 174	(18) Breastfeeding support and counseling for any pregnant or breastfeeding woman;
175 176	(19) Breastfeeding supplies, including, but not limited to, a breast pump for any breastfeeding woman;
177 178	(20) Gestational diabetes screening for any woman who is twenty- four to twenty-eight weeks pregnant and any woman who is at

- increased risk for gestational diabetes; and
- 180 (21) Osteoporosis screening for any woman who is sixty years of age 181 or older.
- (b) No such policy shall impose a coinsurance, copayment, deductible or other out-of-pocket expense for the benefits and services required under subsection (a) of this section. The provisions of this subsection shall not apply to a high deductible plan as that term is used in subsection (f) of section 38a-493 of the general statutes.
- 187 Sec. 5. (NEW) (Effective January 1, 2019) (a) Each individual health 188 insurance policy providing coverage of the type specified in 189 subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of the general 190 statutes delivered, issued for delivery, renewed, amended or 191 continued in this state that provides coverage for prescription drugs 192 shall provide coverage for immunizations recommended by the American Academy of Pediatrics, American Academy of Family 193 194 and the American College of Obstetricians and Physicians 195 Gynecologists.
 - (b) No such policy shall impose a coinsurance, copayment, deductible or other out-of-pocket expense for the benefits and services required under subsection (a) of this section. The provisions of this subsection shall not apply to a high deductible plan as that term is used in subsection (f) of section 38a-493 of the general statutes.
- Sec. 6. (NEW) (Effective January 1, 2019) (a) Each group health 201 202 insurance policy providing coverage of the type specified in 203 subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of the general 204 statutes delivered, issued for delivery, renewed, amended or 205 continued in this state that provides coverage for prescription drugs 206 shall provide coverage for immunizations recommended by the 207 American Academy of Pediatrics, American Academy of Family 208 Physicians and the American College of Obstetricians and 209 Gynecologists.

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- (b) No such policy shall impose a coinsurance, copayment, deductible or other out-of-pocket expense for the benefits and services required under subsection (a) of this section. The provisions of this subsection shall not apply to a high deductible plan as that term is used in subsection (f) of section 38a-493 of the general statutes.
- 215 Sec. 7. (NEW) (Effective January 1, 2019) (a) Each individual health 216 insurance policy providing coverage of the type specified in 217 subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of the general 218 statutes delivered, issued for delivery, renewed, amended or 219 continued in this state shall provide coverage for preventive care and 220 screenings for individuals twenty-one years of age or younger in 221 accordance with the most recent edition of the American Academy of 222 Pediatrics' "Bright Futures: Guidelines for Health Supervision of 223 Infants, Children, and Adolescents".
 - (b) No such policy shall impose a coinsurance, copayment, deductible or other out-of-pocket expense for the benefits and services required under subsection (a) of this section. The provisions of this subsection shall not apply to a high deductible plan as that term is used in subsection (f) of section 38a-493 of the general statutes.
 - Sec. 8. (NEW) (*Effective January 1, 2019*) (a) Each group health insurance policy providing coverage of the type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-469 of the general statutes delivered, issued for delivery, renewed, amended or continued in this state shall provide coverage for preventive care and screenings for individuals twenty-one years of age or younger in accordance with the most recent edition of the American Academy of Pediatrics' "Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents".
 - (b) No such policy shall impose a coinsurance, copayment, deductible or other out-of-pocket expense for the benefits and services required under subsection (a) of this section. The provisions of this subsection shall not apply to a high deductible plan as that term is

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- used in subsection (f) of section 38a-493 of the general statutes.
- Sec. 9. Subsection (a) of section 38a-482c of the 2018 supplement to
- the general statutes is repealed and the following is substituted in lieu
- 245 thereof (*Effective January 1, 2019*):
- 246 (a) No individual health insurance policy providing coverage of the
- 247 type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-
- 248 469 delivered, issued for delivery, amended, renewed or continued in
- 249 this state shall include a lifetime limit on the dollar value of benefits for
- 250 a covered individual, for covered benefits that are essential health
- 251 benefits, as defined in (1) the Patient Protection and Affordable Care
- 252 Act, P.L. 111-148, as amended from time to time, or regulations
- adopted thereunder, or (2) section 1 of this act, or regulations adopted
- 254 thereunder.
- Sec. 10. Subsection (a) of section 38a-512c of the 2018 supplement to
- 256 the general statutes is repealed and the following is substituted in lieu
- 257 thereof (*Effective January 1, 2019*):
- 258 (a) No group health insurance policy providing coverage of the type
- 259 specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-469
- delivered, issued for delivery, amended, renewed or continued in this
- state shall include a lifetime limit on the dollar value of benefits for a
- 262 covered individual, for covered benefits that are essential health
- benefits, as defined in (1) the Patient Protection and Affordable Care
- 264 Act, P.L. 111-148, as amended from time to time, or regulations
- 265 adopted thereunder, or (2) section 2 of this act, or regulations adopted
- 266 thereunder.
- Sec. 11. Section 38a-503e of the general statutes is repealed and the
- following is substituted in lieu thereof (*Effective January 1, 2019*):
- 269 (a) Each individual health insurance policy providing coverage of
- 270 the type specified in subdivisions (1), (2), (4), (11) and (12) of section
- 271 38a-469 delivered, issued for delivery, renewed, amended or continued
- in this state [that provides coverage for outpatient prescription drugs

- 273 approved by the federal Food and Drug Administration shall not
- 274 exclude coverage for prescription contraceptive methods approved by
- the federal Food and Drug Administration.] shall provide coverage for
- 276 <u>the following contraceptive methods and related services:</u>
- 277 (1) All contraceptive methods approved by the federal Food and 278 Drug Administration;
- 279 (2) If a contraceptive method described in subdivision (1) of this
- 280 <u>subsection is prescribed by a licensed physician, physician assistant or</u>
- 281 advanced practice registered nurse, a twelve-month supply of such
- 282 contraceptive method dispensed at one time or at multiple times,
- 283 provided an insured shall not be entitled to receive a twelve-month
- supply of such contraceptive method more than once during any plan
- 285 <u>year;</u>
- 286 (3) All sterilization methods approved by the federal Food and Drug
- 287 <u>Administration;</u>
- 288 (4) Counseling in (A) contraceptive methods approved by the
- 289 federal Food and Drug Administration, and (B) the proper use of
- 290 contraceptive methods approved by the federal Food and Drug
- 291 Administration; and
- 292 (5) Routine follow-up care concerning contraceptive methods
- 293 <u>approved by the federal Food and Drug Administration.</u>
- 294 (b) No policy described in subsection (a) of this section shall impose
- 295 a coinsurance, copayment, deductible or other out-of-pocket expense
- 296 for the methods and services required under subsection (a) of this
- section, except that any such policy that uses a provider network may
- 298 require cost-sharing when such methods and services are rendered by
- an out-of-network provider. The cost-sharing limits imposed under
- 300 this subsection shall not apply to a high deductible plan as that term is
- 301 used in subsection (f) of section 38a-493.
- 302 (c) Any insurance company, hospital service corporation, medical

- service corporation, health care center or other entity providing coverage of the type specified in subsection (a) of this section may use step therapy, as defined in section 38a-510, within a contraceptive method or require prior authorization within a contraceptive method for the methods and services required under subsection (a) of this section.
- [(b)] (d) (1) Notwithstanding any other provision of this section, any insurance company, hospital service corporation, medical service corporation, or health care center may issue to a religious employer an individual health insurance policy that excludes coverage for prescription contraceptive methods that are contrary to the religious employer's bona fide religious tenets.
 - (2) Notwithstanding any other provision of this section, upon the written request of an individual who states in writing that prescription contraceptive methods are contrary to such individual's religious or moral beliefs, any insurance company, hospital service corporation, medical service corporation or health care center may issue to the individual an individual health insurance policy that excludes coverage for prescription contraceptive methods.
 - [(c)] (e) Any health insurance policy issued pursuant to subsection [(b)] (d) of this section shall provide written notice to each insured or prospective insured that prescription contraceptive methods are excluded from coverage pursuant to said subsection. Such notice shall appear, in not less than ten-point type, in the policy, application and sales brochure for such policy.
 - [(d)] (f) Nothing in this section shall be construed as authorizing an individual health insurance policy to exclude coverage for prescription drugs ordered by a health care provider with prescriptive authority for reasons other than contraceptive purposes.
- [(e)] (g) Notwithstanding any other provision of this section, any insurance company, hospital service corporation, medical service

- 334 corporation or health care center that is owned, operated or 335 substantially controlled by a religious organization that has religious 336 or moral tenets that conflict with the requirements of this section may 337 provide for the coverage of prescription contraceptive methods as 338 required under this section through another such entity offering a 339 limited benefit plan. The cost, terms and availability of such coverage 340 shall not differ from the cost, terms and availability of other 341 prescription coverage offered to the insured.
- [(f)] (h) As used in this section, "religious employer" means an employer that is a "qualified church-controlled organization" as defined in 26 USC 3121 or a church-affiliated organization.
- Sec. 12. Section 38a-530e of the general statutes is repealed and the following is substituted in lieu thereof (*Effective January 1, 2019*):
- 347 (a) Each group health insurance policy providing coverage of the 348 type specified in subdivisions (1), (2), (4), (11) and (12) of section 38a-349 469 delivered, issued for delivery, renewed, amended or continued in 350 this state [that provides coverage for outpatient prescription drugs 351 approved by the federal Food and Drug Administration shall not 352 exclude coverage for prescription contraceptive methods approved by 353 the federal Food and Drug Administration.] shall provide coverage for 354 the following contraceptive methods and related services:
- 355 (1) All contraceptive methods approved by the federal Food and 356 Drug Administration;
- 357 (2) If a contraceptive method described in subdivision (1) of this subsection is prescribed by a licensed physician, physician assistant or advanced practice registered nurse, a twelve-month supply of such contraceptive method dispensed at one time or at multiple times, provided an insured shall not be entitled to receive a twelve-month supply of such contraceptive method more than once during any plan year;
- 364 (3) All sterilization methods approved by the federal Food and Drug

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- 366 (4) Counseling in (A) contraceptive methods approved by the
- 367 <u>federal Food and Drug Administration, and (B) the proper use of</u>
- 368 contraceptive methods approved by the federal Food and Drug
- 369 Administration; and
- 370 (5) Routine follow-up care concerning contraceptive methods
- 371 approved by the federal Food and Drug Administration.
- 372 (b) No such policy shall impose a coinsurance, copayment,
- deductible or other out-of-pocket expense for the methods and services
- 374 required under subsection (a) of this section, except that any such
- 375 policy that uses a provider network may require cost-sharing when
- 376 such methods and services are rendered by an out-of-network
- 377 provider. The cost-sharing limits imposed under this subsection shall
- 378 not apply to a high deductible plan as that term is used in subsection
- 379 (f) of section 38a-493.
- 380 (c) Any insurance company, hospital service corporation, medical
- 381 service corporation, health care center or other entity providing
- 382 coverage of the type specified in subsection (a) of this section may use
- 383 step therapy, as defined in section 38a-510, within a contraceptive
- 384 method or require prior authorization within a contraceptive method
- for the methods and services required under subsection (a) of this
- 386 section.
- [(b)] (d) (1) Notwithstanding any other provision of this section, any
- 388 insurance company, hospital service corporation, medical service
- 389 corporation or health care center may issue to a religious employer a
- 390 group health insurance policy that excludes coverage for prescription
- 391 contraceptive methods that are contrary to the religious employer's
- 392 bona fide religious tenets.
- 393 (2) Notwithstanding any other provision of this section, upon the
- 394 written request of an individual who states in writing that prescription
- 395 contraceptive methods are contrary to such individual's religious or

moral beliefs, any insurance company, hospital service corporation, medical service corporation or health care center may issue to or on behalf of the individual a policy or rider thereto that excludes coverage for prescription contraceptive methods.

- [(c)] (e) Any health insurance policy issued pursuant to subsection [(b)] (d) of this section shall provide written notice to each insured or prospective insured that prescription contraceptive methods are excluded from coverage pursuant to said subsection. Such notice shall appear, in not less than ten-point type, in the policy, application and sales brochure for such policy.
- [(d)] (f) Nothing in this section shall be construed as authorizing a group health insurance policy to exclude coverage for prescription drugs ordered by a health care provider with prescriptive authority for reasons other than contraceptive purposes.
- [(e)] (g) Notwithstanding any other provision of this section, any insurance company, hospital service corporation, medical service corporation or health care center that is owned, operated or substantially controlled by a religious organization that has religious or moral tenets that conflict with the requirements of this section may provide for the coverage of prescription contraceptive methods as required under this section through another such entity offering a limited benefit plan. The cost, terms and availability of such coverage shall not differ from the cost, terms and availability of other prescription coverage offered to the insured.
- [(f)] (h) As used in this section, "religious employer" means an employer that is a "qualified church-controlled organization" as defined in 26 USC 3121 or a church-affiliated organization.

This act shall take effect as follows and shall amend the following sections:					
Section 1	January 1, 2019	New section			
Sec. 2	January 1, 2019	New section			

Sec. 3	January 1, 2019	New section
Sec. 4	January 1, 2019	New section
Sec. 5	January 1, 2019	New section
Sec. 6	January 1, 2019	New section
Sec. 7	January 1, 2019	New section
Sec. 8	January 1, 2019	New section
Sec. 9	January 1, 2019	38a-482c(a)
Sec. 10	January 1, 2019	38a-512c(a)
Sec. 11	January 1, 2019	38a-503e
Sec. 12	January 1, 2019	38a-530e

INS Joint Favorable Subst.